

CO NTEN SHATEC TIMES SSUE 22 NOV/DEC 2019



BrandLaureate BestBrands

O3 Students Craft at the Dilmah Tea Inspiration for the 21st Century Competition





O4 SHATEC X SINGAPORE 54 — National Day Spirit Served with Love



Centre **S**tage

A Champion's Journey —

in the Making

Matthew Leong, A Bocuse d'Or Star

08Expert Tips in Hospitality by Professional Hotelier Mr Bruce Copland

Trade **S**ecret

Industry **S**oundbites

Cosy Pairings for Your Year-End Feast



Seven Days in Chiang Mai

— ASEAN Plus Three
Tourism Youth Summit 2019



Sumptuously Yours

A Talent's Guide to Gourmet Night at The Sapling with Chef Jay Teo Eat And Drink in Jeju-Do

— A Study Trip to Remember



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Trail the SHATEC Stars at The Michelin Guide Singapore 2019





ELLENCE IN

CULINARY AND HOSPITALITY TALENT DEVELOPMENT

SHATEC Named in The BrandLaureate BestBrands Awards

October 2019 - SHATEC proudly accepted The BrandLaureate BestBrands Awards for Culinary and Hospitality Talent Development. "We are thrilled to receive this award. This is an affirmation of SHATEC's standing as THE school of hospitality and the role we play in building a pipeline of talents for the industry. Our 30,000 strong alumni include some of the most distinguished leaders in this industry today. Our successful graduates are our best brand ambassadors, their achievements are what gave voice and the most conclusive credence to the SHATEC brand," said Chief Executive, Ms Margaret Heng.



SHATEC's legacy in hospitality training and development has been known to build lasting brand emotions and has created sustainable communities such as the SHATEC Global Alumni. As part of its brand innovation strategy, the school established its international counterpart, SHATEC Global, extending its voice across Asia and beyond.

Mr Loh Lik Peng, Chairman of SHATEC Board and Founder of Unlisted Collection said, "The SHATEC name is synonymous with hospitality excellence and deeply entrenched with the local industry. We should explore opportunities beyond our shores and uplift our value proposition in human capital development for the region and then worldwide."

■ The BrandLaureate trophy is a proud statuette communicating with confirmation, a reflection of its current year. theme: To Be Heard. It is a 24k gold plated pewter, signifying the success of the winning brand and its pursuit of brand



CRAFTING A PERFECT **HARMONY**

OF HOSPITALITY & MIXOLOGY



Congratulations to Aloysius Tan (DHM-04-19I) and Tan Meiling (DPB-04-19I), who emerged second place at the 2019 Dilmah Tea Inspiration for the 21st Century – Next Gen competition for 'The Best Mixology' and 'The Perfect Cup of Tea'!





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SHATEC X SINGAPORE 54

National Day Spirit Served with Love

HATEC celebrated Singapore's 54th birthday in a euphoric sugar rush of cupcakes and a revving version of its long-running CSR – Love in a Bento @South West!

7 AUGUST 2019

the auspicious date for SHATEC Love in a Bento <u>@South We</u>st National Day edition.



L-R: Ms Margaret Heng, Mr Jesse Sie, Corporate Services Manager of Autism Association (Singapore), Guest-of-Honour Adviser to Jurong GRC GROs (Bukit Batok East) Mdm Rahayu Mahzam, special needs volunteers and caregivers, and Mr Yee Wee Tang, Country Head of Grab Singapore, presenting a bento meal to Jurong East resident Mdm Voon Heng Lan.

86%

of the bentos were standard meals featuring a multi-culture selection of dishes like Tandoori Chicken, Steamed Egg with Chye Poh, Braised Fish with Black Bean Sauce, and Sayur Lodeh. For the starch, we used brown rice for extra nutrition. Other meal types catered for special diets such as diabetic, vegetarian, and minced texture.



298 MEALS

were prepared for seniors in the South West district under the care of welfare groups, Touch Home Care, Presbyterian Community Services and Thye Hua Kwan Moral Society.



\$\$2,500

the approximate cost for food production supported by the National Council of Social Services (NCSS).

35 VEHICLES

formed the impressive Grab fleet deployed to ferry volunteers on their delivery routes, covering 14 central locations, the furthest to



6 STUDENTS

formed the surprisingly small but skilful pastry team handcrafting the staggering number of cupcakes. The production only took them slightly more than a week.



Grolo Pat

223 VOLUNTEERS

comprising 18 special needs volunteers and caregivers from Movement for the Intellectually Disabled of Singapore (MINDS) and Autism Association Singapore (AAS), 85 corporate volunteers from Grab as well as 120 SHATEC staff and students

256 CUPCAKES

in 2 designs named "The Garden City of Passion" and "Our Singapore" made up a stunning numeral 54 pastry motif dedicated to Singapore.



5,543 VIEWS

were garnered online within the first month for the in-house production "From SHATEC to Singapore: A Happy 54th National Day!". The video was also shared 185 times, making it the highest viewed SHATEC video to date.

144

the strength of the cast involved in the video shoot, including all departments from the Singapore Hotel Association and SHATEC. Tan Meiling from Diploma in Pastry and Baking led us in the SHATEC pledge, a rendition of the Singapore Pledge, to resonate with Singapore's 54th birthday.

TRAIL THE SHATEC STARS AT THE MICHELIN GUIDE SINGAPORE 2019

his year's edition of the Michelin Guide attests to SHATEC's 36-year-long history in training exceptional graduates in the culinary and hospitality fields, in its recognition of the finest dining establishments in Singapore.

ODETTE ESESSES

Yeo Sheng Xiong, **Sous Chef**Diploma in Culinary Skills • Graduated 2011

For over five years, he has supported the young culinary team in their day-to-day operations, including Odette's annual four hands series.



Peter Teo, Executive Chef, Bistro Du Vin HK Executive Sous Chef, Les Amis Restaurant (2015-2018)

Diploma in Culinary Arts • Graduated 2010

First joining Les Amis Group as a trainee, he has since gone on to lead Bistro Du Vin Hong Kong, a Les Amis subsidiary.





Randy See, **Director of Group Operations, Les Amis Group**Higher Diploma in Hotel Management
• Graduated 2000

He was awarded World Gourmet Summit Awards Of Excellence's Sommelier of the Year (2004, 2005, 2006)



Benjamin Tan, Head Chef, The White Rabbit (2012-2019) Diploma in Culinary Skills • Graduated 1996

He was first a cook at Au Jardin by Les Amis before joining The White Rabbit.



Muhammad Haikal Johari, Executive Chef Diploma in Culinary Skills • Graduated 1997

Handpicked by celebrity chef Juan Amador to lead the restaurant, he uses communication, curiosity and expression to execute delicate yet complex dishes



CORNER HOUSE

Jason Tan, **Chef Patron and Co-Owner**Diploma in Culinary Skills • Graduated 2001

His signature 'Gastro-Botanica' cuisine is harmoniously paired using proteins and botanical elements like tubers, fruits and roots.

CHEEK BISTRO

Jay Teo, **Head Chef**Diploma in Culinary Skills • Graduated 2015

Building on the broad strokes of Modern Australian cuisine, he embraces inventiveness and a fusion of culinary influences in his dishes.



IGGY'S

Ignatius Chan, Founder, Sommelier and Restaurateur NTC 2 in Food & Beverage Service • Graduated 1987

Since 2004, he has catered to evolving tastes of the Singaporean diner, like featuring high-quality seasonal Japanese produce in modern European dishes.

THE BIB GOURMAND RECOGNITION



A NOODLE STORY

Gwern Khoo and Ben Tham, **Founders**Diploma in Culinary Skills • Graduated 2008

These former SHATEC classmates have created a Singapore-style ramen with reliable quality in every bowl sold.

EXPERT TIPS IN Hospitality

by Professional Hotelier Mr Bruce McKenzie Copland



SKILLS ALL ASPIRING HOSPITALITY PROFESSIONALS



You can't plan your career from day one.

Plot the path towards roles in hospitality you want. Identify what you enjoy doing and pursue it to give yourself the best opportunity. You can still enrich your experience to see all parts of the industry with jobs that



Work on turning an experience into a delight.

Concentrate on customer touch points one at a time and perfect it as you develop your career. Eventually, you're able to provide a wholesome hotel experience from service, food to rooms.



You can benefit from working in small

There are different advantages being in a small role dealing with service areas from purchasing, recruitment to managing cashflow, versus doing a lot as part of a larger organisation. Be cheerful, volunteer to take on responsibilities, and you'll be able to decide to move at the right time.





Accounting & Computer

or at least, Excel. It will arm you to



Team-Leading Skills

Become a "people manager" early



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A CHAMPION'S JOURNEY

Matthew Leong, a Bocuse d'Or Star in the Making

Striking Gold at Culinaire Malaysia 2011



Congratulations to the team who brought back three medals at the Culinaire Malaysia 2011.

ires burned and woks bubbled as 3 hosts and a host mentor from Shatec Institutes displayed their culinary skills at 2011's Culinaire Malaysia. Competing against 1,318 chefs and hosts from around Asia, our team bagged top honours at the gruelling four-day event held at the Kuala Lumpur Convention Centre from 20 – 23 September.

Matthew Leong clinched the Gold award under the individual category for his apprentice four-course set menu, while Daniel Chin's interpretation of plate dishes snagged him the Silver. Meanwhile, June Tay's apprentice chicken/salmon main course won the judges over and she walked away with a Bronze in the Open Category.

Moving beyond the classroom, such

competitions give hosts first-hand experience of industry standards and present them with opportunities to hone their skills. "I learnt to stay focused, to work as a team and persevere through challenges. My mentors here put a lot of effort into training me for this competition. I'm very glad I didn't disappoint them," says Matthew Leong.

SHATEC Times November 2011 Issue

he year was 2011. A young SHATEC culinary student struck his first gold at the Culinaire Malaysia competition.

Fast forward to 22 July 2019. Crowned champion of this year's Bocuse d'Or Singapore Selection was SHATEC graduate Matthew Leong, who had made a name for himself as the youngest winner of this competition at the age of 24.

Having spent 1½ years working at Restaurant À L'aise, a MICHELIN Plate restaurant in Oslo, Norway, Matthew will be getting a shot at doing Singapore proud in the Asia-Pacific selection of the Bocuse d'Or in Guangzhou in 2020.

In Guangzhou, Matthew must compete against 12 national teams to secure a place in the top five to continue his journey to Bocuse d'Or Finals in Lyon, France, in 2021.



I have always dreamed of being the youngest Asian chef to stand on the podium with the culinary giants.

~ Matthew Leong

CHEF MATTHEW'S FUNDRAISING DINNER Chef Matthew Leong presented three courses during his special dinner at The Sapling, held on 26 July 2019, a technically stunning preview of his works on the competition stage at the prestigious Bocuse d'Or. All proceeds of the night went towards his intensive training for the finals in Lyon in 2021. It's humbling to feel at home in SHATEC, cooking alongside my culinary teachers, Chef Nicholas and Chef Samson, and Singapore's future young chefs. I look forward to seeing more **SHATEC** students rising in the culinary world, and flying the SHATEC flag high. ~ Matthew Leong

NORWEGIAN SHRIMPS

Fresh take on a terrine with lingering textures of shrimp

SCALLOP ROSE

Scallop bouillon matched with sweet scallop and leek that lends excellent umami flavour

NORWEGIAN SALMON

Delicate finish to the salmon with smoked scallop milk skin, and dense textured bite of umami crispy artichoke

ABOUT BOCUSE D'OR

The Bocuse d'Or is a biennial world chef championship, hailed as one of the world's most prestigious cooking competitions. Singapore produced the first Asian chef to ever climb the Bocuse d'Or podium - William Wai who attained bronze in 1989. In 2016, SHATEC alumnus, Yew Eng Tong clinched 2nd position in the Asia-Pacific selection for Singapore.

SEVEN DAYS IN CHICA MAI

ASEAN Plus Three Tourism Youth Summit 2019

HATEC trainer, Ms Chan Yuk Ee, led hospitality students Brandon Foo Xiang Han and See Toh Cheng Ling (Kat) on a 7-day expedition to Chiang Mai for the ASEAN Plus Three Tourism Youth Summit 2019! The feisty trio shared snapshots of their exciting Thai cultural experience.

Day 1

- Ice breaking with other youths at the summit
- Visit to Chiang Mai Walking Street



Day 2

- Team building games and activities
- Opening Ceremony of the ASEAN Plus Three Tourism Youth Summit

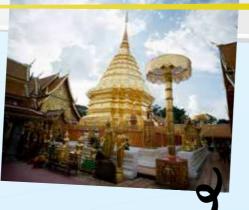


Day 3

- Lecture at Chiang Mai University
- Museum tour
- Visit to Doi Suthep Temple



AT CAMT (COLLEGE OF ARTS, MEDIA AND TECHNOLOGY) IN CHILING MAI UNIVERSITY, WE TESTED OUR KNOWLEDGE ON CHILING MAI USING THE "MENTIMETER" INTERACTIVE PLATFORM.



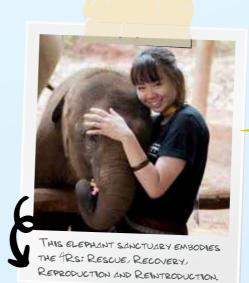
WE CLIMBED 360 STEPS TO REACH THE TOP OF THE BUDDHIST TEMPLE.

Day 4

- Experiencing community based tourism at local cultural centre
- Visit to Royal Park Rajapruek
- Visit to local organic Japanese restaurant, Tengoku



TENGOKU USES INNOVATIVE WAYS TO REDUCE FOOD WASTE, LIKE USING LEFTOVER VEGETABLES AND FISH BONES TO CREATE FERTILISER FOR GROWING VEGETABLES.



Day 5

- Wildlife experience at Patara Elephant Farm
- Visit to local ginger farm with hands-on Thai cooking class



AMAZING FLOWER GARDENS AND TOPIARIES AT ROYAL PARK RAJAPRUEK.

The Scene ST SHATEC TIMES

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KATE ENJOYING A HERBAL COMPRESS MASSAGE

> WE PRESENTED ON YOUTH-TOURISM IN SINGAPORE AT THE SUMMIT, AND SANG A SINGAPORE CHINESE FOLK SONG AT OUR LAST DINNER

Day 6

- Sustainable tourism talk at Khum Kham International Convention Centre
- Mock-Up meeting of the ASEAN Plus Three Tourism Youth Summit
- Farewell dinner and cultural performance



Day 7

• Departure from Chiang Mai



We will always remember this trip fondly and will do our best to apply the lessons learnt. We hope to make a difference for the people and environment around us.

~ Ms Yuk Ee, Brandon and Kat

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The **S**cene S-T SHATEC TIMES

EAT & DRINK IN JEJU-DO

member

students together with trainers Chef Kim Min Jeon and Chef Daniel Tai finished an experiential tour around Jeju Island from 7 to 14 July. They learnt about authentic Jeju dishes, through eye-opening demos from the locals and a South Korean celebrity chef!









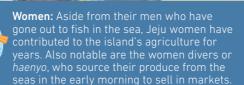
Introduction to Local Jeju **Fermented Products**

Learning and tasting the different types of rice wine, known for their distinct quality using Jeju's pristine spring water.



Coffee Farm Tour Learning to make coffee wine





Food Truck District



Food Science Lessons



UDO

Wind: Known as the street corner of storms, the island has had a long and arduous history of battling strong winds.



Jeju Moolmaru Traditional Soybean Paste School Home to traditional fermented foods such as bean paste, soy sauce, hot pepper paste, using the

eco-friendly agricultural products of Jeju.

Ingredients to make Doenjang, or fermented soybean



The numerous claypots outdoors are used to keep soybeans and other fermented products such as kimchi.



Campus Tour of Cheju Halla University The university offers culinary, pastry, hospitality four-year degree courses!

Winding Down While It Rains

Jeju Massage using Green Tea Scrub with Volcanic Spring

Working with Jeju Tangerines (gamgyul) Korean Celebrity Chef Moon Dong-il's Cooking

Chaperones Chef Min & Chef Daniel with Chef Moon (center), who has popularised fusion Jeju cuisine and regularly supports local Jeju restaurant owners through his cooking studio.

Tangerine Farm

Outside of tangerine picking season, marmalade-making classes using the sweet and tart citrus fruit are still in session!

Free & Easy in Udo



Rocks: Around Jeju, you can spot

black lava rock walls, or basalt, which are also used to build local homes and stone fences.

No better way to tour the island than by electric bike!



sea snail and sea









KITCHEN TAKEOVER:

A TALENT'S GUIDE TO GOURMET **NIGHT AT THE SAPLING**

Captured by the SHATEC Marketing Communications Team

n 27th September, Diploma in Culinary Skills graduate of SHATEC and Head Chef of one Michelin-star CHEEK Bistro, Chef Jay Teo, alongside his SHATEC mentors Chef Samson Lin and Chef Nicholas Yap, presented his bold take on contemporary Australian cuisine at Gourmet Night.





Briefing SHATEC's hospitality students for service



Chef Jay plating with speed and precision



Discussing food preparation, service, and event timeline with his chef mentors. Chef Samson and Chef Nicholas, and The Sapling restaurant manager, Mr Kevin Loh



Checking out the kitchens and running through workflows with Chef Samson and Chef Nicholas



Ensuring the kitchen equipment is ready to go!



Explaining the highlights of the night's menu, such as the sweet and fatty lamb ribs sourced from Perth. A sustainable alternative, these lambs feed on food leftovers like carrot!



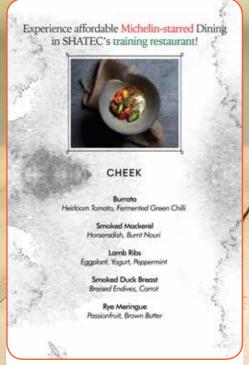
Ms Margaret Heng presenting a Token of Appreciation to Chef Jay for a Gourmet Night done wonderfully



Selecting crockery with Mr Kevin Loh



Sharing the inspiration for his menu with Marketing Communications



We capture Chef Jay's compelling menu in a call for reservations!



It's nostalgic back here in SHATEC working, helping to groom the students, cooking side-by-side with my chef mentors, and sharing joy through the food at CHEEK. That's what eating is all about.

~ Chef Jay Teo

Lamb Ribs from Perth, Australia with Eggplant, Yogurt, Peppermint

Premium ingredient by Huber's Butchery







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Terms & conditions: Ordering starts from now to 20th Dec 2019, 8.30am to 5pm (excluding Sundays & Public Holidays) • Collection at The Sapling, located in SHATEC, starts from 1st Dec to 24th Dec 2019, 8.30am to 5pm (excluding Sundays & Public Holidays) • Orders received after 5pm will be processed on the next working day • Last day of collection is 24th Dec 2019, 6pm at The Sapling, SHATEC • Do allow 3 working days after making your order (excluding Saturdays, Sundays & Public Holidays) for collection at The Sapling, SHATEC • Full payment by credit card or cash is required to guarantee your orders • All prices are subjected to 7% GST • Items in the catering menu are subject to availability • Decorative items of the goodies may differ from images found in related promotional collaterals • The Sapling reserves the right to make any changes without prior notice.





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