## (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



STORYTELLING THROUGH YOUR LENS				
Courses	Content	Delivery / Duration	<sup>8</sup> Training Schedule	Course Fee Per Pax
Basic Food Photography Workshop (New!)	<ul><li>Understanding your Gear</li><li>What's Your Story?</li><li>Lighting and Composition</li></ul>	<u>Delivery</u> In-Person Training	<u>Session:</u> 1 full day (9.00am – 5.00pm)	Full Course Fee incl. GST: S\$ 302.40  1b, 2, 5,7 Nett Course Fee Payable after SSG Grant, incl. GST
Who should attend the course: This course is suitable for owners of food businesses, professional chefs, homebased chefs,	<ul> <li>Food &amp; Prop Styling</li> <li>Editing and Hands-on Practice</li> </ul>	<u>Duration</u> 7 Hours	Intake         Date           1         03 Jul 2023           2         07 Aug 2023	(Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 90.72
restaurant managers, or anyone who is interested in food photography, without having to invest in expensive cameras.			Registration closes 2 weeks before course commencement.	3, <sup>7</sup> Nett Course Fee Payable after MES Grant, incl. GST (Singaporeans ≥ 40 years old): \$\$ 34.72
Participants should have basic English literacy and a smartphone.			Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	<sup>6,7</sup> Nett Course Fee Payable for SMEs, incl. GST: S\$ 34.72 <sup>6</sup> Absentee Payroll  Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year
Course Reference Number: TGS-2022011699				of 200,000 per emorphics per caremaan year
Advanced Food Photography Workshop (New!)	<ul> <li>Mastering your Gear</li> <li>Planning Your Shoot</li> <li>Advanced Lighting and Composition</li> </ul>	<u>Delivery</u> In-Person Training	<u>Sessions:</u> 2 full days (9.00am – 5.00pm)	Full Course Fee incl. GST: S\$ 529.20  1b, 2, 5, 7 Nett Course Fee Payable after SSG Grant, incl.
Who should attend the course: This course is suitable for owners of food businesses, professional chefs, homebased chefs,	<ul> <li>Advanced Eighting and Composition</li> <li>Advanced Food &amp; Prop Styling</li> <li>Advanced Editing and Hands-on Practice</li> </ul>	<u>Duration</u> 14 Hours	Intake         Date           1         19 & 20 Jun 2023           2         21 & 22 Aug 2023	GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 158.76
restaurant managers, or anyone who is interested in food photography, without having to invest in expensive cameras.			Registration closes 2 weeks before course commencement.	3, <sup>7</sup> Nett Course Fee Payable after MES Grant, incl. GST (Singaporeans ≥ 40 years old): S\$ 60.76
Participants should have basic English literacy and a smartphone & have completed the SHATEC			Venue: Shatec Institutes Pte Ltd	<sup>6, 7</sup> Nett Course Fee Payable for SMEs, incl. GST: S\$ 60.76 <sup>6</sup> Absentee Payroll
Basic Food Photography Workshop.			21 Bukit Batok Street 22, Singapore 659589	Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year
Course Reference Number: TGS-2022011700				

## (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



	SIP & SAVOUR – WINES & SPIRITS				
Courses	Content	Delivery / Duration	<sup>8</sup> Training Schedule	Course Fee Per Pax	
Who should attend the course: New entrants to the industry and/or wine enthusiasts  Course Reference Number: TGS-2020000197	<ul> <li>The main types and styles of wines</li> <li>Common wine grapes and their characteristics</li> <li>How to store and serve wine</li> <li>The principles of food and wine pairing</li> <li>How to describe wine using the WSET Level 1 Systematic Approach to Tasting Wine® (SAT)</li> </ul>	Delivery In-Person Training  Duration 7 Hours	Sessions:  1 full day (9am – 4.15pm) + Closed-book exam (4.15pm – 5pm)  Intake Date  1 23 Jun 2023 2 05 Jul 2023 3 22 Jul 2023 Registration closes 3 weeks before course commencement.  Venue: ibis Singapore on Bencoolen 170 Bencoolen Street Singapore 189657  and/or  Shatec Institutes Pte Ltd 21 Bukit Batok Street 22 Singapore 659589	Full Course Fee incl. GST: S\$ 513.00  10, 2, 4, 5, 7 Nett Course Fee Payable after SSG Subsidy, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 275.50  3, 4, 7 Nett Course Fee Payable after MES Subsidy, incl. GST (Singaporeans ≥ 40 years old): S\$ 180.50  6, 7 Nett Course Fee Payable for SMEs, incl. GST: S\$ 180.50  6 Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year	
Who should attend the course: Industry professionals and/or wine enthusiasts  Course Reference Number: TGS-2020000195	<ul> <li>How to taste and describe wine using the WSET Level 2 Systematic Approach to Tasting Wines® (SAT)</li> <li>How environmental factors, grape-growing, winemaking and maturation options influence the style and quality of wines made from eight principal grape varieties</li> <li>The style and quality of wines made from 22 regionally important grape varieties and produced in over 70 geographical indications (GIs) around the world</li> <li>How grape varieties and winemaking processes influence key styles of Sparkling wines &amp; Fortified wines</li> <li>Key labelling terms used to indicate origin, style and quality</li> <li>Principles and processes involved in the storage and service of wine</li> <li>Principles of food and wine pairing</li> </ul>	Delivery In-Person Training  Duration 17 Hours	Sessions:  2 full days (9am – 6pm) + Closed-book exam (11am – 12pm)  Intake Course Date Exam Date  1 24 & 25 Jun 2023 02 Jul 2023  2 01 & 02 Jul 2023 15 Jul 2023  3 15 & 16 Jul 2023 29 Jul 2023  Registration closes 3 weeks before course commencement.  Venue: ibis Singapore on Bencoolen 170 Bencoolen Street Singapore 189657  and/or  Shatec Institutes Pte Ltd, 21 Bukit Batok Street 22 Singapore 659589	Full Course Fee incl. GST: S\$ 950.40  1a, 2, 4, 5, 7 Nett Course Fee Payable after SSG Subsidy, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 510.40  3, 4, 7 Nett Course Fee Payable after MES Subsidy, incl. GST (Singaporeans ≥ 40 years old): S\$ 334.40  6, 7 Nett Course Fee Payable for SMEs, incl. GST: S\$ 334.40  6, 7 Nett Course Fee Payable for SMEs, incl. GST: S\$ 334.40  6 Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year	

## (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



	SIP & SAVOUR: WINES & SPIRITS [CONT'D]				
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax	
WSET Level 3 Award in Wines  Who should attend the course:	<ul> <li>The key factors in the production of wine: location, grape growing, winemaking, maturation and bottling</li> <li>How these key factors influence the key</li> </ul>	Delivery In-Person Training Duration	Sessions: 5 full days (9am – 5pm) + Closed-book exam (9.30am – 12.30pm)	Full Course Fee incl. GST: S\$ 2,592.00  1a, 2, 4, 5, 7 Nett Course Fee Payable after SSG Subsidy, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus	
Industry professionals and/or wine enthusiasts  Course Reference Number: TGS-2020000196	<ul> <li>characteristics of the principal – still wines of the world – sparkling wines of the world – fortified wines of the world</li> <li>How to apply your understanding to explain wine style and quality</li> <li>How to taste wines, describe their characteristics and evaluate their quality, using the WSET Level 3 Systematic Approach to Tasting Wine® (SAT)</li> </ul>	37.5 Hours	Intake Course Date Exam Date  1 11, 12, 18, 19 & 05 Sep 2023 25 Jul 2023  Registration closes 3 weeks before course commencement.  Venue: ibis Singapore on Bencoolen 170 Bencoolen Street Singapore 189657  and/or  Shatec Institutes Pte Ltd 21 Bukit Batok Street 22 Singapore 659589	Holders ≥ 21 years old): S\$ 1,392.00  3,4,7 Nett Course Fee Payable after MES Subsidy, incl. GST (Singaporeans ≥ 40 years old): S\$ 912.00  6,7 Nett Course Fee Payable for SMES, incl. GST: S\$ 912.00  6Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year	

## (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



	SIP & SAVOUR – WINES & SPIRITS [CONT'D]					
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax		
WSET Level 1 Award in Spirits	<ul> <li>The basic principles of spirit production</li> <li>The main types and styles of spirits</li> </ul>	<u>Delivery</u> In-Person Training	<u>Session:</u> 1 full day (9am – 4.15pm) +	Full Course Fee incl. GST: S\$ 513.00		
Who should attend the course: New entrants to the industry and/or spirits enthusiasts	<ul> <li>How to serve spirits</li> <li>Factors affecting the flavour of spirits</li> <li>How to describe spirits using the WSET Level</li> </ul>	<u>Duration</u> 7 Hours	Closed-book exam (4.15pm – 5pm)  Intake Date	1a, 2, 4, 5, <sup>7</sup> Nett Course Fee Payable after SSG Subsidy, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 275.50		
	Systematic Approach to Tasting Spirits®(SAT)		1 20 Jun 2023 2 21 Oct 2023 Registration closes 3 weeks before course	3, 4, 7 Nett Course Fee Payable after MES Subsidy, incl. GST (Singaporeans ≥ 40 years old): \$\$ 180.50		
Course Reference Number: TGS-2020001268			commencement.  Venue:	<sup>6, 7</sup> Nett Course Fee Payable for SMEs, incl. GST: S\$ 180.50		
			ibis Singapore on Bencoolen 170 Bencoolen Street Singapore 189657	6Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year		
			and/or			
			Shatec Institutes Pte Ltd 21 Bukit Batok Street 22 Singapore 659589			

## (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



SIP & SAVOUR – WINES & SPIRITS [CONT'D]				
Courses Con	ontent	Delivery / Duration	<sup>8</sup> Training Schedule	Course Fee Per Pax
Who should attend the course: Industry professionals and/or spirits enthusiasts  Course Reference Number: TGS-2020001266				Full Course Fee incl. GST: S\$ 950.40  10, 2, 4, 5, 7 Nett Course Fee Payable after SSG Subsidy, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 510.40  3, 4, 7 Nett Course Fee Payable after MES Subsidy, incl. GST (Singaporeans ≥ 40 years old): S\$ 334.40  6, 7 Nett Course Fee Payable for SMEs, incl. GST: S\$ 334.40  6 Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year

## (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



SIP & SAVOUR – WINES & SPIRITS [CONT'D]				
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax
Who should attend the course: New entrants to the industry and/or sake enthusiasts  Course Reference Number: TGS-2020512726	<ul> <li>The basic principles of sake production</li> <li>The main types and styles of sake</li> <li>How to serve sake</li> <li>Factors affecting the flavour of sake</li> <li>How to describe sake using the WSET Level 1 Systematic Approach to Tasting Sake® (SAT)</li> </ul>	Delivery In-Person Training  Duration 8 Hours	Session:  1 full day (9am – 5pm) + Closed-book exam (5pm – 6pm)  Intake Date  1 29 Jul 2023  Registration closes 3 weeks before course commencement.  Venue: ibis Singapore on Bencoolen 170 Bencoolen Street Singapore 189657  and/or  Shatec Institutes Pte Ltd 21 Bukit Batok Street 22 Singapore 659589	Full Course Fee incl. GST: S\$ 540.00  1a, 2, 4, 5, <sup>7</sup> Nett Course Fee Payable after SSG Subsidy, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 290.00  3, 4, <sup>7</sup> Nett Course Fee Payable after MES Subsidy, incl. GST (Singaporeans ≥ 40 years old): S\$ 190.00  6, <sup>7</sup> Nett Course Fee Payable for SMES, incl. GST: S\$ 190.00  6, <sup>8</sup> Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year
WSET Level 3 Award in Sake (New!)  Who should attend the course: Industry professionals and/or sake enthusiasts  Course Reference Number: TGS-2022015260	<ul> <li>The main techniques that are used in the production of sake and how they influence style and quality</li> <li>The principal and specialty categories of sake</li> <li>The sake industry and the commercial importance of sake in the Japanese and export markets</li> <li>The principles behind the storage, selection and service of sake</li> <li>How to taste sake, and evaluate quality, identify and price, using the WSET Level 3 Systematic Approach to Tasting Sake (SAT)</li> </ul>	Delivery In-Person Training  Duration 35 Hours	Sessions: 5 full days (Day 1 to 4: 9am – 5pm; Day 5: 9am – 2.30pm) + Closed-book exam (9.30am – 12.30pm)  Intake Course Date Exam Date 1 7, 14, 21, 28 Oct, 2 Dec 2023 4 Nov 2023  Registration closes 3 weeks before course commencement.  Venue: ibis Singapore on Bencoolen 170 Bencoolen Street Singapore 189657  and/or  Shatec Institutes Pte Ltd 21 Bukit Batok Street 22 Singapore 659589	Full Course Fee incl. GST: S\$ 2,365.20  1a, 2, 4, 5, 7 Nett Course Fee Payable after SSG Subsidy, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 1270.20  3, 4, 7 Nett Course Fee Payable after MES Subsidy, incl. GST (Singaporeans ≥ 40 years old): S\$ 832.20  6, 7 Nett Course Fee Payable for SMES, incl. GST: S\$ 832.20  6Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year

## (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



	SIP & SAVOUR – COFFEE & TEA					
Courses	Content	Delivery / Duration	<sup>8</sup> Training Schedule	Course Fee Per Pax		
Appreciating Coffee (Coffee 101)  Who should attend the course: Adult learners and hobbyists who wish to get an overview on the coffee of the world and learn to appreciate coffee.	<ul> <li>Origins of Coffee</li> <li>Coffee Producing Regions</li> <li>The Coffee Plant</li> <li>Processing Stages of Coffee Beans</li> <li>The Coffee Experience</li> </ul>	Delivery In-Person Training  Duration 7 Hours	Session: 1 full day (9am – 5pm)  Run Date 1 01 Jul 2023 2 05 Aug 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: \$\$ 264.60		
The Art of Preparing Espresso  Who should attend the course: Adult learners and hobbyists who have completed Coffee 101 and wish to delve deeper into techniques of expresso extraction. This course is also beneficial to new entrants or existing staff performing F&B roles.	<ul> <li>Defining espresso</li> <li>Types of espresso machine and grinder</li> <li>The barista's tool kit</li> <li>Expresso extraction techniques</li> <li>Milk texturing techniques</li> <li>Basic maintenance of espresso machine &amp; grinder</li> </ul>	Delivery In-Person Training  Duration 7 Hours	Session: 1 full day (9am – 5pm)  Run Date 1 10 Jun 2023 2 08 Jul 2023 3 12 Aug 2023 Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 264.60		
Exploring Latte Art!  Who should attend the course: Adult learners, hobbyists and/or staff performing F&B roles who have completed Coffee 101 and Espresso 101 with interests of having an in-depth understanding of milk frothing technique using the different types of milk available within the industry.	<ul> <li>Introduction to Latte Art</li> <li>Different types of Milk (Fresh vs Low Fat vs Oat vs Soy)</li> <li>Essence of Milk Frothing Techniques</li> <li>Let's get Creative!</li> </ul>	Delivery In-Person Training  Duration 7 Hours	Session: 1 full day (9am – 5pm)  Run Date 1 17 Jun 2023 2 15 Jul 2023 3 19 Aug 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 264.60		

## (College for Lifelong Aspirations and Skills)

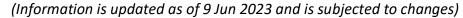
### LIFESTYLE PROGRAMME CALENDAR



	SIP & SAVOUR – COFFEE & TEA [CONT'D]				
Courses	Content	Delivery / Duration	<sup>8</sup> Training Schedule	Course Fee Per Pax	
The Art of Brewing (Brewing 101)  Who should attend the course: Adult learners and hobbyists who have completed Coffee 101 and wish to delve deeper into brewing techniques techniques using the Syphon, Pourover and AeroPress.	<ul> <li>Introduction to Brewing Methods</li> <li>Exploring the "Gold Cup Standards"</li> <li>What are the brewing considerations?</li> <li>Experiencing the sensory differences!</li> </ul>	Delivery In-Person Training  Duration 7 Hours	Session: 1 full day (9am – 5pm)  Run Date 1 27 May 2023 2 24 Jun 2023 3 22 Jul 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 264.60	
The Power of Tea  Who should attend the course: This course is beneficial to new entrants or existing staff performing F&B roles and all tea enthusiasts.	<ul> <li>Origins of Tea</li> <li>Different Types of Tea &amp; Tea Brewing Equipment</li> <li>Tea Preparation</li> <li>The Tea Experience</li> <li>Health Benefits of Tea</li> </ul>	Delivery In-Person Training  Duration 7 Hours	Session: 1 full day (9am – 5pm)  Run Date 1 29 Jul 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 264.60	

### (College for Lifelong Aspirations and Skills)

#### LIFESTYLE PROGRAMME CALENDAR





	HOME BAKER / HOME CHEF – TASTER WORKSHOP (NEW!)						
Courses	Delivery / Duration	<sup>8</sup> Training Schedule	Course Fee Per Pax				
Tart Au Citron Meringue	<u>Delivery</u> In-Person Training	Session: 2 hours (9am – 11am)	Full Course Fee incl. GST: S\$ 54.00				
	<u>Duration</u> 2 hours	IntakeDate108 Jul 2023212 Aug 2023Registration closes 1 week before course commencement.Venue:Shatec Institutes Pte Ltd21 Bukit Batok Street 22, Singapore 659589					
Pan seared Seabass with Pasta (Served with Mesclun Salad, Cream Sauce and Vinaigrette)	Delivery In-person Training  Duration 2 hours	Session: 2 hours (9am – 11am)  Intake Date 1 08 Jul 2023 2 12 Aug 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 54.00				

To be eligible for the Taster Workshop, please like and follow our Instagram account (<u>CLASSatSHATEC</u>).

Learners who complete the trial class will be entitled to sign up for a bundle of 6 of the HOME BAKER / HOME CHEF – SHATEC'S SPECIAL Series workshops at an exclusive rate of only \$688 + GST. Please contact our friendly course consultant for more information.

# (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



HOME BAKER – SHATEC'S SPECIAL				
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax
Who should attend the course: Adult learners and hobbyists with a budding interest and/or passion for heritage kuehs	Prepare the following:	<u>Delivery</u> In-Person Training <u>Duration</u> 3 Hours	Session: Half-day (9am – 12pm)  Intake Date 1 29 July 2023 Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 162.00
Heritage with a Twist (Heritage Cakes) (New!)	Prepare the following:  • Pandan Kaya Cake	<u>Delivery</u> In-Person Training	Session: Half-day (9am – 12pm)	Full Course Fee incl. GST: S\$ 162.00
Who should attend the course: Adult- learners and home-bakers who have limited time to go for a full certificate course		<u>Duration</u> 3 Hours	Intake Date  1 19 Aug 2023 2 21 Oct 2023 3 02 Dec 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	
	Prepare the following:  • Chendol Cake	Delivery In-Person Training  Duration 3 Hours	Session: Half-day (2pm – 5pm)  Intake Date 1 19 Aug 2023 2 21 Oct 2023 3 02 Dec 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 162.00

# (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



	НОМЕ	BAKER – SHATEC'S SPE	CIAL [CONT'D]	
Courses	Content	Delivery / Duration	<sup>8</sup> Training Schedule	Course Fee Per Pax
Who should attend the course: Adult learners and hobbyists with a budding interest and/or passion for baking breads	Prepare the following:	Delivery In-Person Training  Duration 4 Hours	Session: Half-day (9am – 1pm)  Intake Date 1 22 Jul 2023 2 16 Sept 2023 3 4 Nov 2023 Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: \$\$ 162.00
	Prepare the following:	Delivery In-Person Training  Duration 4 Hours	Session: Half-day (2pm – 6pm)  Intake Date 1 22 Jul 2023 2 16 Sept 2023 3 4 Nov 2023 Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 162.00
Bake Tarts (New!)  Who should attend the course: Adult learners and hobbyists with a budding interest and/or passion for baking tarts	Prepare the following:	Delivery In-Person Training  Duration 4 Hours	Session: Half-day (9am – 1pm)  Intake Date 1 29 Aug 2023 2 02 Sept 2023 3 25 Nov 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 162.00

# (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



HOME BAKER - SHATEC'S SPECIAL [CONT'D]				
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax
Who should attend the course: Adult learners and hobbyists with a budding interest and passion for baking using eggless alternatives	<ul> <li>Emphasize the technique required in attaining quality products</li> <li>Identify the techniques required in the mixing process</li> <li>Explain the use of quality ingredients in achieving quality consistency</li> <li>Outline the different faults in eggless brioche/brownie making</li> <li>Suggest corrections/preventive to the baking faults to attain the desired outcomes</li> <li>List the storage and handling guidelines of products</li> <li>Prepare the following:         <ul> <li>Eggless Brioche</li> <li>Eggless Brownie</li> </ul> </li> </ul>	Delivery In-Person Training  Duration 4 hours	Session: Half-day (9am – 1pm)  Intake Date  1 26 Aug 2023 2 28 Oct 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 162.00
Vegan Menu – Pastry (New!)  Who should attend the course: Adult learners and hobbyists with a budding interest and passion for vegan menu	<ul> <li>Emphasize the technique required in attaining quality products</li> <li>Identify the techniques required in the mixing process</li> <li>Explain the use of quality ingredients in achieving quality consistency</li> <li>Outline the different faults in pudding/banana bread making</li> <li>Suggest corrections/preventive to the baking faults to attain the desired outcomes</li> <li>List the storage and handling guidelines of products</li> <li>Prepare the following:         <ul> <li>Vegan Banana Bread</li> <li>Vegan Mango Coconut Pudding</li> </ul> </li> </ul>	Delivery In-Person Training  Duration 4 hours	Session: Half-day (9am – 1pm)  Intake Date  1 12 Aug 2023 2 21 Oct 2023 3 16 Dec 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 162.00

## (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



	HOME BAKER - SHATEC'S SPECIAL [CONT'D]					
Courses	Content	Delivery / Duration	<sup>8</sup> Training Schedule	Course Fee Per Pax		
Fly Me To The Moon - An Unforgettable  Mooncake Experience (New!)	Learn how to prepare mooncake skin and how to do the mooncake fillings from scratch  Propage the following:	<u>Delivery</u> In-Person Training	Session: 1 full day (9am – 5pm)	Full Course Fee incl. GST: S\$ 302.40		
Who should attend the course: Adult learners and hobbyists with a budding interest and passion for baking mooncakes	<ul> <li>Prepare the following:         <ul> <li>Teochew Spiral Flaky Mooncake</li> <li>Crumbly, Buttery Shanghai Mooncake</li> </ul> </li> </ul>	<u>Duration</u> 7 hours	Intake Date  1 12 Aug 2023 2 26 Aug 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589			

## (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



	ŀ	IOME BAKER – WSQ C	OURSES	
Courses	Content	Delivery / Duration	<sup>8</sup> Training Schedule	Course Fee Per Pax
Courses  Asian Desserts (New!)  Who should attend the course: New entrants to the F&B industry and/or dessert lovers  Course Reference Number: TGS-2022015339  TSC Code: FSS-FBS-2002-1.2	<ul> <li>Use recipes and methods of preparing different Asian cold dishes and desserts</li> <li>Identify principles of preparing Asian cold dishes and desserts</li> <li>Apply techniques for preparing Asian cold dishes and desserts</li> <li>Identify types, complementary combinations and correct proportions of garnishes suited for Asian cold dishes and desserts</li> <li>Explain the impact of cold temperature on flavour of cold desserts</li> <li>Explain types and functions of gelatin and gelatin-substitute products</li> <li>Ensure consistency of preparing Asian cold dishes and desserts</li> <li>Assess the quality characteristics of Asian cold dishes and desserts</li> <li>Apply methods of presenting finished bread.</li> <li>Describe the artistic balance of complementary flavours, colours, shapes</li> </ul>			Course Fee Per Pax  Full Course Fee incl. GST: S\$ 886.46  10, 2, 5,7 Nett Course Fee Payable after SSG Grant, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 265.94  3, 7 Nett Course Fee Payable after MES Grant, incl. GST (Singaporeans ≥ 40 years old): S\$ 101.78  6, 7 Nett Course Fee Payable for SMEs, incl. GST: S\$ 101.78  6 Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year
	<ul><li>bread.</li><li>Describe the artistic balance of</li></ul>			

# (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



HOME BAKER – WSQ COURSES [CONT'D]						
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax		
Who should attend the course: New entrants to the industry and/or people who love to bake  Course Reference Number: TGS-2022015371  TSC Code: FSS-FBS-1017-1.1	<ul> <li>Introduction – history and evolution of pastry</li> <li>Introductions to Pastries</li> <li>Bakeshop Math</li> <li>Product Qualities</li> <li>Prepare the following:         <ul> <li>Mango Swiss roll</li> <li>French meringue</li> <li>Choux paste, sablée crust, chocolate Chantilly</li> <li>Lychee martini shortcake</li> <li>Chocolate brownie</li> <li>Banana crumble cake</li> <li>Madeleine</li> <li>Financier</li> </ul> </li> </ul>	Delivery In-Person Training  Duration 46 Hours	Session: 6 days   (Day 1 – 5: 9am – 6pm + Day 6: 9am – 4pm)   Intake	Full Course Fee incl. GST: S\$ 1,073.09  1b, 2, 5,7 Nett Course Fee Payable after SSG Grant, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 321.93  3, 7 Nett Course Fee Payable after MES Grant, incl. GST (Singaporeans ≥ 40 years old): S\$ 123.21  6, 7 Nett Course Fee Payable for SMEs, incl. GST: S\$ 123.21  6Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year		
Fundamental Pastry Preparation (New!)  Who should attend the course: New entrants to the industry and/or people who love to bake  Course Reference Number: TGS-2022015356  TSC Code: FSS-FBS-2017-1.1	<ul> <li>Introduction &amp; Overview</li> <li>Make Tarts &amp; Short-crust Pastries</li> <li>Make Cookies</li> <li>Make Quick Breads</li> <li>Assembling &amp; Decorating Basic Cakes</li> <li>Prepare the following: <ul> <li>Tarte bourdaloue</li> <li>Tarte tatin</li> <li>English scones</li> <li>Double chocolate chips cookies</li> <li>Chocolate fudge cake</li> <li>Baked cheesecake</li> </ul> </li> </ul>	Delivery In-Person Training  Duration 38 Hours	Session: 5 days (Day 1 – 4: 9am – 6pm + Day 5: 9am – 4pm)  Intake Date 1 26 & 27 Aug, 02, 03 & 09 Sep 2023 2 09, 10, 16, 17 & 23 Dec 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 886.46  1b, 2, 5, 7 Nett Course Fee Payable after SSG Grant, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 265.94  3, 7 Nett Course Fee Payable after MES Grant, incl. GST (Singaporeans ≥ 40 29, 30 Apr, 6, 7 & 13 May <sup>6, 7</sup> Nett Course Fee Payable for SMEs, incl. GST: S\$ 101.78  6 Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year		

# (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



HOME BAKER – WSQ COURSES [CONT'D]						
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax		
Basic Bread Preparation (New!)  Who should attend the course: New entrants to the industry and/or people who love to bake  Course Reference Number: TGS-2022015361  TSC Code: FSS-FBS-1004-1.1	<ul> <li>Explain with an understanding of foundational knowledge skills on how they can acquire in making basic bread products</li> <li>Outline the baking science such as baker percentages and formulas</li> <li>Describe the various functions of ingredients in making basic breads</li> <li>Emphasize technique required in attaining quality breads</li> <li>Apply standards of professionalism to the baking industry</li> <li>Prepare the following:         <ul> <li>Olive Tomato Focaccia</li> <li>3 Strand Raisin Bread</li> </ul> </li> <li>Milk Bread Loaf</li> <li>French Baguette</li> </ul>	Delivery In-Person Training  Duration 26 hours	Session: 4 days (Days 1 - 3: 9 am - 5 pm, Day 4: 9 am - 2 pm)  Intake Date 1 16, 17, 23 & 24 Sep 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 606.53  1b, 2, 5,7 Nett Course Fee Payable after SSG Grant, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 181.96  3, 7 Nett Course Fee Payable after MES Grant, incl. GST (Singaporeans ≥ 40 years old): S\$ 69.64  6, 7 Nett Course Fee Payable for SMEs, incl. GST: S\$ 69.64  6, 8 Nett Course Fee Payable for SMEs, incl. GST: S\$ 69.64  6 Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year		
Fundamental Bread Preparation (New!)  Who should attend the course: New entrants to the industry and/or people who love to bake  Course Reference Number: TGS-2022015355  TSC Code: FSS-FBS-2004-1.2	<ul> <li>Perform the baking of basic level of standards breads</li> <li>Demonstrate a mastery of baking principles in bakery production</li> <li>Incorporate standardized recipe adjustment into bakery track</li> <li>Examine the quality and analyse the texture of breads</li> <li>Suggest corrections to the baking faults to attain desired outcomes</li> <li>Prepare the following:         <ul> <li>Chicken Floss Bread</li> <li>Pandan Kaya Bread</li> <li>Red Bean Paste Bun</li> <li>Hotdog Cheese Bread</li> </ul> </li> </ul>	Delivery In-Person Training  Duration 22 hours	Session: 3 days (Day 1-2: 9am – 6pm + 9am -4pm)  Intake Date 1 08, 15 & 22 Jul 2023 2 04, 11 & 18 Nov 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 513.22  1b, 2, 5,7 Nett Course Fee Payable after SSG Grant, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 153.96  3, 7 Nett Course Fee Payable after MES Grant, incl. GST (Singaporeans ≥ 40 years old): S\$ 58.92  6, 7 Nett Course Fee Payable for SMEs, incl. GST: S\$ 58.92  6 Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year		

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### LIFESTYLE PROGRAMME CALENDAR



HOME CHEF — SHATEC'S SPECIAL [CONT'D]					
Courses	Content	Delivery / Duration	<sup>8</sup> Training Schedule	Course Fee Per Pax	
Prepare Heritage Cuisine (New!)	Prepare the following:  • Fish Assam  • Ondeh Ondeh	<u>Delivery</u> In-Person Training	Session: Half-day (9am – 12pm)	Full Course Fee incl. GST: S\$ 162.00	
Who should attend the course: Adult learners and hobbyists with a budding interest and/or passion for Peranakan cuisine		<u>Duration</u> 3 Hours	Intake Date  1 05 Aug 2023 2 09 Sep 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589		
	Prepare the following:	Delivery In-Person Training  Duration 3 Hours	Session: Half-day (2pm – 5pm)  Intake Date 1 05 Aug 2023 2 09 Sep 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 162.00	

## (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



SHATEC'S SPECIAL [CONT'D]				
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax
Prepare Healthy Cuisine (New!)	<ul> <li>Prepare the following:</li> <li>Tomato and Beetroot Soup</li> <li>Steamed Cod with Wolfberry and Bok</li> </ul>	<u>Delivery</u> In-Person Training	Session: Half-day (2pm – 6pm)	Full Course Fee incl. GST: S\$ 162.00
Who should attend the course: Adult learners and hobbyists with a budding interest and/or passion for healthy eating	Choy	<u>Duration</u> 3 Hours	Intake Date  1 19 Aug 2023 2 07 Oct 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	
	Prepare the following:	Delivery In-Person Training  Duration 3 Hours	Session: Half-day (9am – 12 pm)  Intake Date 1 19 Aug 2023 2 07 Oct 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 162.00

## (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



HOME CHEF - SHATEC'S SPECIAL [CONT'D]				
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax
Prepare Meat and Poultry (New!)  Who should attend the course: Adult learners and hobbyists with a budding interest and/or passion for making festive roasts	Prepare the following:  Roast Lamb Roast Chicken	Delivery In-Person Training  Duration 4 Hours	Session: Half-day (2pm – 6pm)  Intake Date 1 23 Sep 2023 Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: \$\$ 162.00
	Prepare the following:	Delivery In-Person Training  Duration 4 Hours	Session: Half-day (2pm – 6pm)  Intake Date 1 22 July 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 162.00

## (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



HOME CHEF – WSQ COURSES						
Courses	Content	Delivery / Duration		Course Fee Per Pax		
Fundamental Western Moist-Heat Dish	Identify quality characteristics of Western	Delivery	Sessions:	Full Course Fee incl. GST: S\$ 513.22		
Preparation and Cooking (New!)	moist-heat dishes	In-Person Training	3 days			
	<ul> <li>Use recipes and methods of preparing</li> </ul>		(Day 1 & 2: 9am – 6pm + Day 3: 9am – 4pm)	<sup>1b, 2, 5, 7</sup> Nett Course Fee Payable after SSG Grant, incl. GST		
	different types of Western moist-heat	<u>Duration</u>		(Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21		
Who should attend the course:	dishes	22 Hours	Intake Date	years old): S\$ 153.96		
New entrants to the industry and/or people	Apply complementary combinations of		1 05, 19 & 26 Nov 2023	27		
who love to cook	spread, filing and garnish ingredients best suited for different types of pasta and sandwiches		Registration closes 1 week before course commencement.	<sup>3, 7</sup> Nett Course Fee Payable after MES Grant, incl. GST (Singaporeans ≥ 40 years old): S\$ 58.92		
Course Reference Number: TGS-2022015362	<ul> <li>Understand the importance of seasoning, herbs and spices</li> </ul>		<u>Venue:</u> Shatec Institutes Pte Ltd	<sup>6, 7</sup> Nett Course Fee Payable for SMES, incl. GST: S\$ 58.92		
TSC Code:	<ul> <li>Apply methods of presenting finished products</li> </ul>		21 Bukit Batok Street 22, Singapore 659589			
FSS-FBS-2022-1.1	Apply methods to prepare flavorful cooking			Absentee Payroll		
	<ul> <li>liquids</li> <li>Understand the importance of matching aromatics and cooking liquids to main food</li> </ul>			Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year		
	<ul><li>ingredients</li><li>Maintain artistic balance of complementary</li></ul>					
	flavors, colors, shapes and textures in garnishes, food product and plate					
	<ul> <li>Apply methods of assessing suitable color,</li> </ul>					
	height, shape and texture in finished products					
	Prepare the following:					
	<ul> <li>Soups and Stocks (White Chicken Stock, Cream of Mushroom)</li> </ul>					
	- Seafood Pasta: Mussels in Marinara					
	Sauce					

# (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



	HOM	1E CHEF – WSQ COURS	SES [CONT'D]	
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax
Fundamental Seafood Storage & Fabrication (New!)  Who should attend the course: New entrants to the F&B industry and/or culinary enthusiasts  Course Reference Number: TGS-2022015357  TSC Code:	<ul> <li>Identify fish parts and its respective usage and purposes</li> <li>Recognise the nutritional value of different types of seafood</li> <li>Prepare:         <ul> <li>Crabcakes</li> <li>Pasta with mussels</li> <li>Fish Stock</li> <li>Clam Chowder</li> <li>Pan Fry Fish in Compound Butter</li> </ul> </li> <li>Simmered Octopus Leg</li> </ul>	Delivery In-Person Training  Duration 22 Hours	Session: 3 days (Day 1 & 2: 9am – 6pm + Day 3: 9am – 4pm)  Intake Date 1 07, 14 & 21 Oct 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 513.22  1b, 2, 5,7Nett Course Fee Payable after SSG Grant, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 153.96  3, 7Nett Course Fee Payable after MES Grant, incl. GST (Singaporeans ≥ 40 years old): S\$ 58.92  6, 7Nett Course Fee Payable for SMEs, incl. GST: S\$ 58.92  6Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year
Basic Western Dry-heat Dish Preparation and Cooking (New!)  Who should attend the course: New entrants to the industry and/or people who love to cook  Course Reference Number: TGS-2022015342  TSC Code: FSS-FBS-1021-1.1	<ul> <li>Describe the principles of dry heat cooking</li> <li>Describe the 9 different techniques of dry heat cooking</li> <li>Describe the use of salt and pepper and gravy and sauces in dry heat dishes</li> <li>Describe the use of smoking, brining and marination to introduce flavors into dryheat dishes</li> <li>Describe the different condiments used to accompany dry-heat dishes such as: Mustard, Pickles and relishes, Dips and Chutney</li> <li>Describe the use of Herbs and Spices</li> <li>Describe the qualities and characteristics of listed ingredients: Poultry, Beef, Lamb, Fish and Seafood</li> <li>Prepare the following:         <ul> <li>All About Eggs (Scrambled, Sunny Side-Up, French Omelette)</li> <li>Healthy Grilled Chicken Breast with Caesar Salad</li> <li>Hamburger with Thick Cut Fries</li> <li>Battered Seafood Basket (Deep fried Fish and Prawns)</li> <li>Pan-grilled Squid stuffed with Quinoa</li> </ul> </li> </ul>	Delivery In-Person Training  Duration 46 hours	Sessions: 6 days (Day 1 – 5: 9am – 6 pm + Day 6: 9am – 4pm)  Intake Date 1 01, 02, 08, 09, 15 & 16 Jul 2023 2 07, 08, 14, 15, 21 & 22 Oct 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 1,073.09  1b. 2, 5,7 Nett Course Fee Payable after SSG Grant, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 321.93  3, 7Nett Course Fee Payable after MES Grant, incl. GST (Singaporeans ≥ 40 years old): S\$ 123.21  6, 7Nett Course Fee Payable for SMEs, incl. GST: S\$ 123.21  6, 4bsentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year

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### LIFESTYLE PROGRAMME CALENDAR



	HOM	ME CHEF – WSQ COUR	SES [CONT'D]	
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax
Fundamental Western Dry-Heat Dish Preparation and Cooking (New!)	<ul> <li>Identify quality characteristics of Western dry-heat dishes</li> </ul>	<u>Delivery</u> In-Person Training	Sessions: 3 days	Full Course Fee incl. GST: S\$ 513.22
Who should attend the course: New entrants to the industry and/or people	<ul> <li>Use recipes and methods of preparing different types of Western dry-heat dishes</li> <li>Apply complementary combinations of spread, filing and garnish ingredients best</li> </ul>	Duration 22 Hours	(Day 1 & 2: 9am – 6pm + Day 3: 9am – 4pm)  Intake Date  1 18 & 25 Nov, 02 Dec 2023	1b, 2, 5, 7Nett Course Fee Payable after SSG Grant, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 153.96
who love to cook	suited for different types of pasta and sandwiches  • Understand the importance of seasoning,		Registration closes 1 week before course commencement.	3,7Nett Course Fee Payable after MES Grant, incl. GST (Singaporeans ≥ 40 years old): S\$ 58.92
Course Reference Number: TGS-2022015360	<ul><li>herbs and spices</li><li>Apply methods of presenting finished products</li></ul>		Venue Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	<sup>6, 7</sup> Nett Course Fee Payable for SMES, incl. GST: S\$ 58.92
TSC Code: FSS-FBS-2021-1.1	<ul> <li>Apply methods to prepare flavorful cooking liquids</li> <li>Understand the importance of matching aromatics and cooking liquids to main food ingredients         Maintain artistic balance of complementary flavors, colors, shapes and textures in garnishes, food product and plating         </li> <li>Prepare the following:         <ul> <li>Handmade crabcakes with fresh tartare sauce</li> <li>Roast Chicken with gravy in pita bread</li> </ul> </li> </ul>			Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year

## (College for Lifelong Aspirations and Skills)

### LIFESTYLE PROGRAMME CALENDAR



HOME CHEF – WSQ COURSES [CONT'D]					
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax	
Basic Western Cold Dish Preparation (New!)  Who should attend this course: Hobbyists and fresh entrants to the industry with a budding interest in culinary  Who should attend this course: Hobbyists and fresh entrants to the industry with a budding interest in culinary  Course Reference Number: TGS-2022015340  TSC Code: FSS-FBS-1020-1.1	<ul> <li>Recognise types and uses of kitchen tools and equipment</li> <li>Recognise types, characteristics, functions, and quality indicators of ingredients</li> <li>Apply methods to measure ingredients</li> <li>Apply methods and techniques of handling knives for Western cold dishes</li> <li>Understand the importance of controlling time and temperature at various stages of preparation</li> <li>Understand the impact of heat and vinegar on ingredients</li> <li>Understand the impact of different types of oils and acidic ingredients on characteristics of emulsion sauces</li> <li>Identify common faults in Western cold dishes preparation and how to prevent them</li> <li>Apply methods of storing ingredients and finished products</li> <li>Identify types of sauces, garnishes, condiments, herbs, and spices used in Western cold dishes</li> <li>Prepare the following: <ul> <li>Nicoise Salad</li> <li>Mayonnaise</li> <li>Green Goddess Sauce</li> <li>Italian Vinaigrette Sauce</li> <li>Tartare Sauce</li> <li>Spiced Carrot Sauce</li> <li>Radish and Carrot Pickle</li> <li>Prawn Sandwich</li> </ul> </li> </ul>	Delivery In-Person Training  Duration 26 hours	Session: 4 days (Day 1- 3: 9am – 5pm + Day 4: 9 am – 2pm)  Intake Date 1 28 Oct, 04, 11 & 18 Nov 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 606.53  1b. 2.5.7 Nett Course Fee Payable after SSG Grant, incl. GST (Singaporeans/PRs/Long Term Visit Pass Plus Holders ≥ 21 years old): S\$ 181.96  3. 7 Nett Course Fee Payable after MES Grant, incl. GST (Singaporeans ≥ 40 years old): S\$ 69.64  6. 7 Nett Course Fee Payable for SMEs, incl. GST: S\$ 69.64  6. 4 Absentee Payroll Absentee Payroll rate at S\$ 4.50 per hour, capped at S\$ 100,000 per enterprise per calendar year	

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### LIFESTYLE PROGRAMME CALENDAR



HOME CHEF – WSQ COURSES [CONT'D]					
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training S	chedule	Course Fee Per Pax
<b>Fundamental Specialty Cuisine Preparation</b>	<ul> <li>Identify quality characteristics of specialty</li> </ul>	<u>Delivery</u>	Session:		Full Course Fee incl. GST: S\$ 886.46
and Cooking	cuisine dishes	In-Person Training	5 days		
	<ul> <li>Use recipes and methods of preparing</li> </ul>		(Day 1 – 4: 9	9am – 6pm + Day 5: 9am – 4pm)	1b, 2, 5,7 Nett Course Fee Payable after SSG Grant, incl. GST
	different types of specialty cuisine dishes				(Singaporeans/PRs/Long Term Visit Pass Plus
Who should attend this course:	<ul> <li>Apply methods of presenting finished</li> </ul>	<u>Duration</u>	Intake	Date	Holders ≥ 21 years old): S\$ 265.94
Hobbyists and fresh entrants to the industry	products	38 hours	1	09, 10, 16, 17 & 23 Sep 2023	2.7
with a budding interest in culinary	<ul> <li>Maintain artistic balance of</li> </ul>			n closes 1 week before course	3.7Nett Course Fee Payable after MES Grant, incl. GST
	complementary flavours, colours, shapes		commencer	nent.	(Singaporeans ≥ 40 years old): S\$ 101.78
Course Defense of Number TCC 2022045272	and textures in garnishes, food product				6.7No++ Course Foo Doughla for CNFo in al. CCT. CC 101.70
Course Reference Number: TGS-2022015372	and plate		<u>Venue:</u>	L. L. C. Div. I. J.	<sup>6, 7</sup> Nett Course Fee Payable for SMEs, incl. GST: S\$ 101.78
	Apply methods of assessing suitable			tutes Pte Ltd	<sup>6</sup> Absentee Payroll
TSC Code:	colour, height, shape and texture in		21 BUKIT Ba	tok Street 22, Singapore 659589	Absentee Payroll rate at S\$ 4.50 per hour, capped at
FSS-FBS-2019-1.1	finished products				S\$ 100,000 per enterprise per calendar year
133 1 23 2 2013 1.1	Prepare the following:  French				57 100,000 per emerprise per earchaar year
	French Providence				
	- Boeuf Bourguignon				
	- Pomme Anna				
	<u>Italian</u>				
	- Fresh Ravioli				
	- Fresh Pasta Carbonara				
	<u>Spanish</u>				
	- Salmorejo				
	- Suquet de Peix				
	- Paella (Chicken)				
	<u>Middle Eastern</u>				
	- Chicken Kebab				
	- Baba Ghanoush				
	- Shakshuka				
	<u>Mexico</u>				
	- Corn Meal Taco				
	- Quesadilla				
	- Chicken Tinga				
	- Salsa Verde				

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### LIFESTYLE PROGRAMME CALENDAR



HOME CHEF – WSQ COURSES [CONT'D]						
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax		
Mediterranean Turkish Cuisine (New!)  Who should attend this course: Foodies as well as professional and home cooks who are keen to learn more about Mediterranean cuisine.	<ul> <li>Prepare mouthwatering Mediterranean – Turkish specialty items from a Turkish Master Chef</li> <li>Using traditional ingredients and methods based on recipes that have been passed down through the generations.</li> <li>Prepare the following:         <ul> <li>Pita Bread</li> <li>Hummus</li> <li>Ala Nazik</li> </ul> </li> </ul>	Delivery In-Person Training  Duration 3.5 hours	Session: Half-day (9am – 12.30pm)  Intake Date 1 29 Jul 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 162.00		
Savouring Tradition – Unveiling the Secret of Dragon Boat Festival Cuisine (New!)  Who should attend this course: Foodies as well as professional and home cooks who would like to learn how to prepare traditional festive dishes are welcomed. It is also suitable as a family-bonding where families can enjoy a fun-filled yet meaningful time keeping traditions alive.	<ul> <li>Learn to prepare rice dumplings that are not only flavorfully awesome but visually appealing as well.</li> <li>Prepare the following:         <ul> <li>Kee Chang</li> <li>Nyonya-Style Chicken Rice Dumpling</li> </ul> </li> </ul>	Delivery In-Person Training  Duration 5 hours	Session: Half-day (9am – 1pm)  Intake Date 1 16 June 2023  Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 194.40		

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### LIFESTYLE PROGRAMME CALENDAR



HOME CHEF – WSQ COURSES [CONT'D]							
Courses	Content	<b>Delivery / Duration</b>	<sup>8</sup> Training Schedule	Course Fee Per Pax			
Peranakan Kitchen Secrets: Cooking Tok-Panjang's Finest (New!)  Who should attend this course: Foodies as well as professional and home cooks would like to learn how to prepare Peranakan dishes.	<ul> <li>Prepare the ingredients and apply the correct cooking methods and techniques to bring out the luxurious and indulgent flavors of dishes.</li> <li>Prepare the following:         <ul> <li>Ayam Buah Keluak</li> <li>Bakwan Kepiting</li> <li>Nasi Ulam</li> </ul> </li> </ul>	Delivery In-Person Training  Duration 3 hours	Session: Half-day (9am – 12pm)  Intake Date 1 28 Jul 2023 2 12 Aug 2023 Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: \$\$ 162.00			
Plant-Based Yummylicious Goodness (New!)  Who should attend this course: Foodies as well as professional and home cooks who are keen to learn more about Plant-Based cuisine.	<ul> <li>Learn how to create nutritious and flavorful dishes that are sure to impress.</li> <li>Gain the skills and knowledge healthy, delicious and sustainable plant-based meals that nourish your body and taste buds.</li> <li>Prepare the following:         <ul> <li>Barbeque Tempeh Burger</li> <li>Lontong Goreng</li> <li>Tofu Agenomo</li> </ul> </li> </ul>	Delivery In-Person Training  Duration 3 hours	Session: Half-day (9am – 12pm)  Intake Date 1 07 July 2023 2 28 July 2023 Registration closes 1 week before course commencement.  Venue: Shatec Institutes Pte Ltd 21 Bukit Batok Street 22, Singapore 659589	Full Course Fee incl. GST: S\$ 162.00			

(College for Lifelong Aspirations and Skills)

#### LIFESTYLE PROGRAMME CALENDAR

(Information is updated as of 9 Jun 2023 and is subjected to changes)



**CONTACT US** 

**CLASS @SHATEC** 

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**LOCATE US** 

SHATEC Institutes Pte Ltd
21 Bukit Batok Street 22 Singapore 659589

Office Hours: 9.00a.m. to 5.00p.m.

Monday to Friday (excluding Public Holidays)

<sup>&</sup>lt;sup>1a</sup>Singaporeans and Singapore PRs, aged 21 and above, will be eligible for up to 50% SSG funding. Funding is subjected to SSG's prevailing corporate policies and final approval.

<sup>1</sup>bSingaporeans and Singapore PRs, aged 21 and above, will be eligible for up to 70% SSG funding. Funding is subjected to SSG's prevailing corporate policies and final approval.

<sup>&</sup>lt;sup>2</sup>Singaporeans may also utilize available funds within their Post-Secondary Education Account (PSEA) or SkillsFuture Credits (where applicable) to offset total net course fee payable. All Singaporeans aged 25 and above can use their \$500 SkillsFuture Credit from the government to pay for a wide range of approved skills-related courses. Visit the SkillsFuture Credit website <a href="https://www.skillsfuture.sa/credit">www.skillsfuture.sa/credit</a> to choose from the courses available on the SkillsFuture Credit courses.

<sup>&</sup>lt;sup>3</sup>The SkillsFuture MES is for Singaporeans aged 40 years old and above.

<sup>&</sup>lt;sup>4</sup>NTUC members enjoy 50% unfunded course fee support for up to \$250 each year (or up to \$500 for NTUC members aged 40 years old and above) when you sign up for courses supported under UTAP (Union Training Assistance Programme). Please visit e2i's at https://e2i.com.sq/individuals/employability/union-training-assistance-programme-utap/ to find out more.

<sup>&</sup>lt;sup>5</sup>Training support will be extended to Long Term Visit Pass Plus (LTVP+) Holders with effect from 1 October 2021. The LTVP+ scheme applies to lawful foreign spouses of Singapore Citizens (SCs) with (i) at least one SC child or are expecting one from the marriage, or at least three years of marriage, and (ii) where the SC sponsor is able to support the family. LTVP+ holders will be identified with their green visit pass cards, with the word 'PLUS' on the back of the card.

SME companies are required to log-in to Enterprise Portal for Jobs and Skills to update their SME status if they have not done so. All companies will be notified to log in to the portal to declare monthly salary and hours worked per week in order to receive Absentee Payroll.
Companies and individuals are liable for the full course fee in the event that the SSG funding and subsidy are not approved.

<sup>&</sup>lt;sup>8</sup>Class commencement is subjected to minimum class size met. Public holidays are excluded, where applicable

<sup>&</sup>lt;sup>9</sup> Eligible companies can offset the additional out-of-pocket expenses with the SkillsFuture Enterprise Credit (SFEC). Please refer to https://www.enterprisejobskills.gov.sg/content/upgrade-skills/sfec.html for more information.